



hand in hand

NURTURING THE PARENT-CHILD CONNECTION

How Emotions Affect Your Grandchild's Behavior

and what you can do about it!

Patty Wipfler, Founder

Connection is Vital

warmth

respect

eye contact

listening

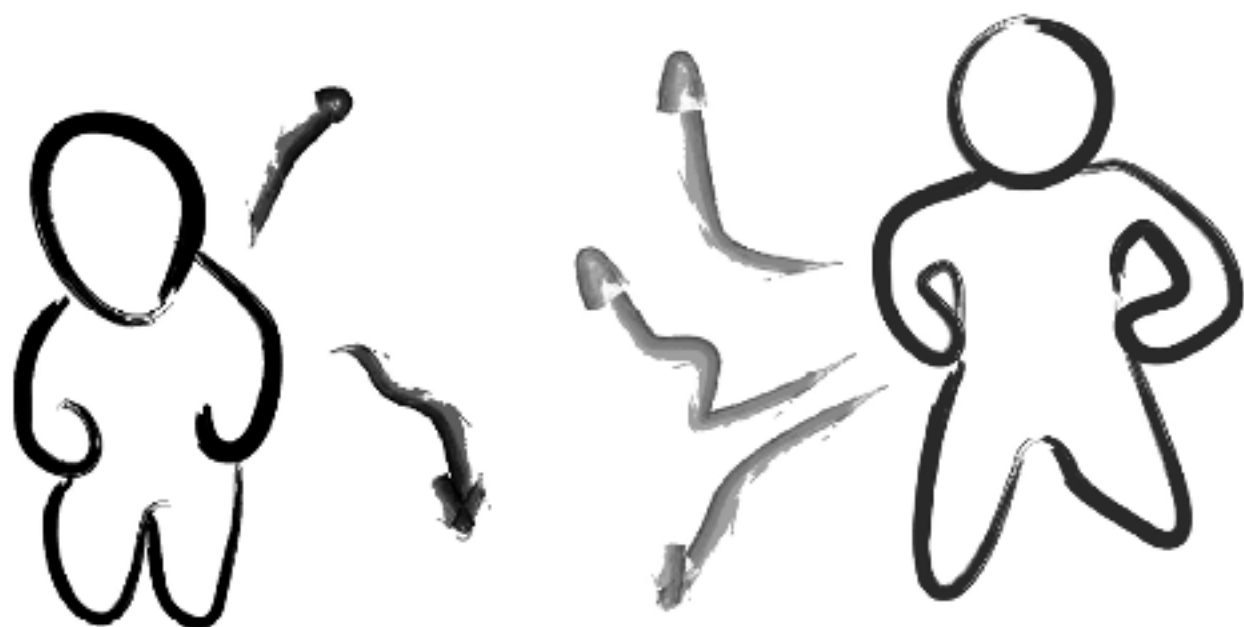


Child's neural pathways grow



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When Connection Breaks



**hurt feelings
broken thinking**

**Child can't think
Irrational behavior**



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It's Time to Connect



Helping Process

Move close

**Stop off-track
behavior**

Listen

Offer connection

Healing process

Crying

Tantrums

Trembling

Perspiration

Laughter



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Listening Builds Intelligence

Listener

respect

warmth

confidence

Talker

safety builds

Intelligence

grows

Tension Release

laughter

crying

trembling

tantrums

**Intelligent
Response**



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Grandparents' Step 1

Give Special Time like a
Connection Vitamin



SPECIAL TIME



Set a date
"Whatever you want"
Extra warmth, eye contact
Promote laughter
No advice

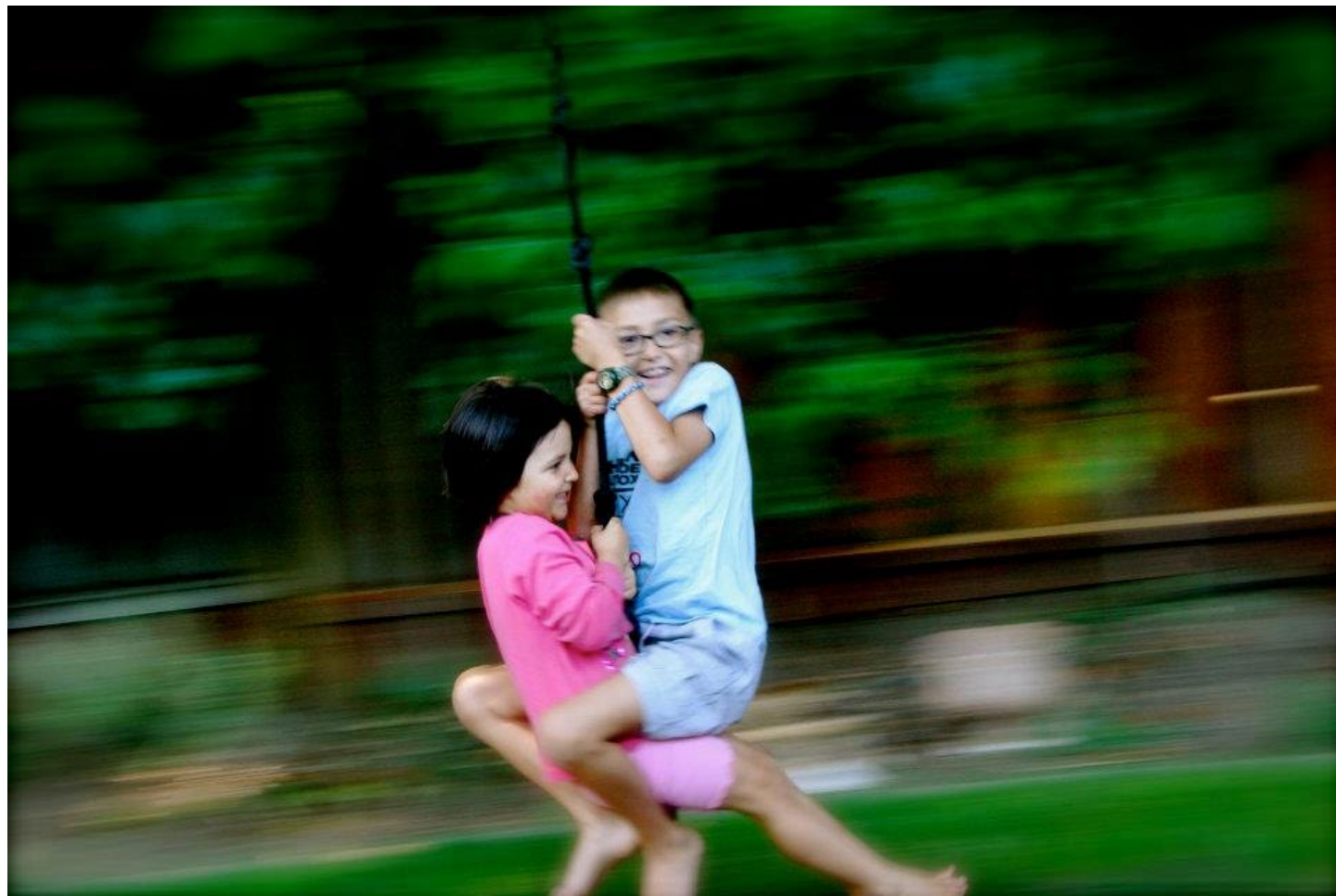


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Grandparents' Step 2

Build connection

By promoting laughter in play



Hint: Playfully take
the less powerful role!

PLAYLISTENING



Let child lead

Less powerful role

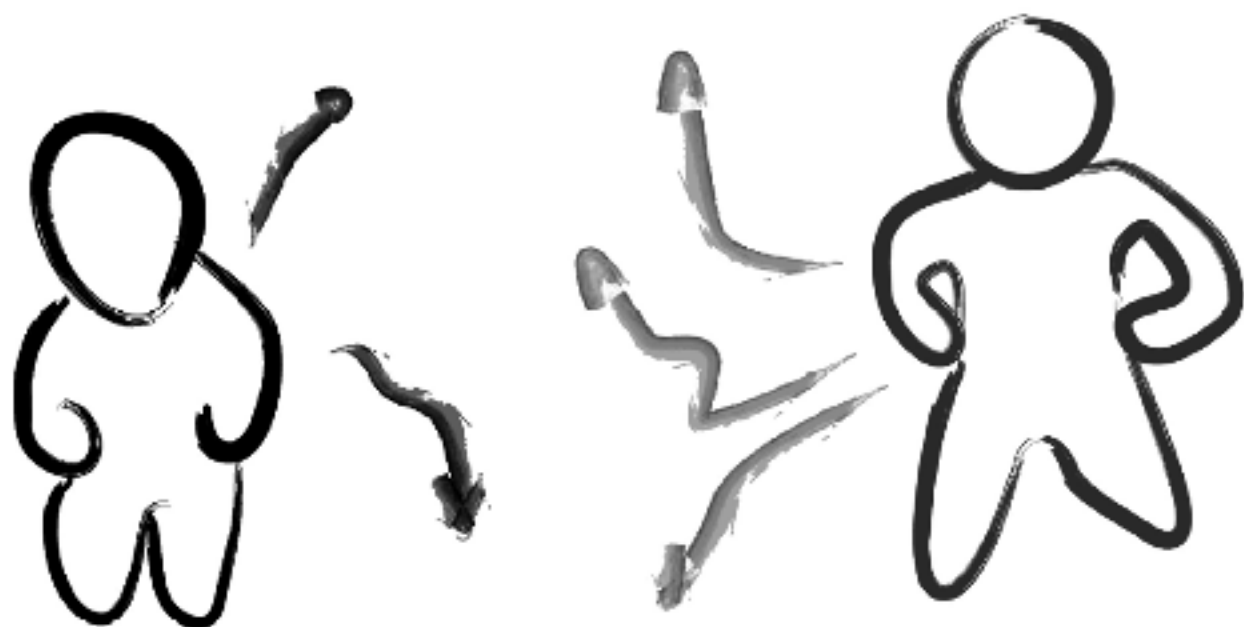
Notice & promote laughter

Don't tickle



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Grandparents' Step 3

When your grandchild's behavior goes off track, *connect* before you correct. **Then, *listen*.**



STAYLISTENING



Move close

Stop irrational behavior

Make time for feelings

"I care. You are safe."



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Grandparents' Step 4

Stay close when
feelings are high.

Don't scold. Don't instruct.

LISTEN & let hard feelings roll.



GUIDELINES FOR LISTENING

Listen With:

Respect

Attention

Warmth



Remember:

You're important

They're smart

No advice

Keep it confidential



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Grandparents' Step 5



**A Listening Partnership
builds your capacity for
connection**

This approach is

Hand in Hand Parenting



Resources for you:

Articles

Podcasts

Booklets in English & Hebrew

Online Video Courses

Grandparent-to-Parent Consultations

Online Mentored Classes

Online Parent Support Community

Year-Long Training

All at

www.handinhandparenting.org

