Our Adult Children's Voices Matter: What Parents Want Grandparents to Know

Parent coach Adrian Kalikow asked 160 clients who are parents of children ages infant to high school: What is the one message you would most like to share with your children's grandparents?

7 themes emerged from the adult children's responses:

- 1. Listen without judgment.
- It's our turn. Trust us.
- 3. Respect us and our children.
- 4. Time is the best gift you can give us.
- 5. Put yourself in our shoes.
- 6. Times have changed.
- 7. We love and appreciate you!

Watch the full recording to hear the details: https://jewishgrandparentsnetwork.org/video-library/



