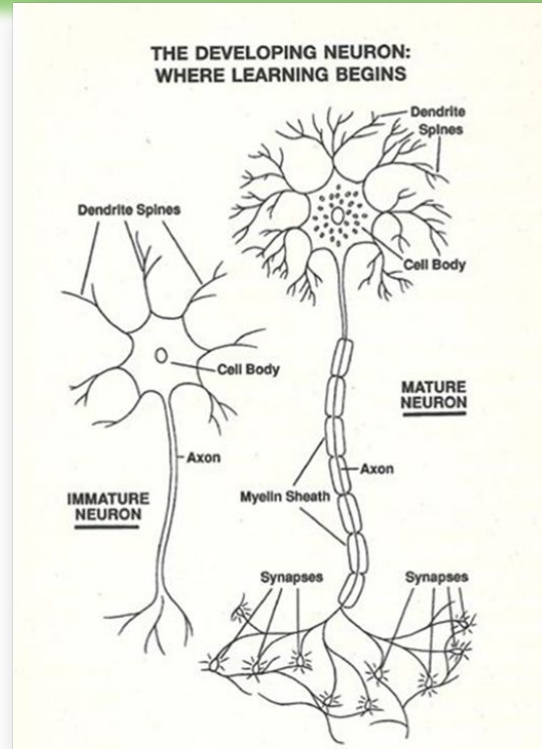


Summer's Coming! How to Play with Infants and Young Grandchildren



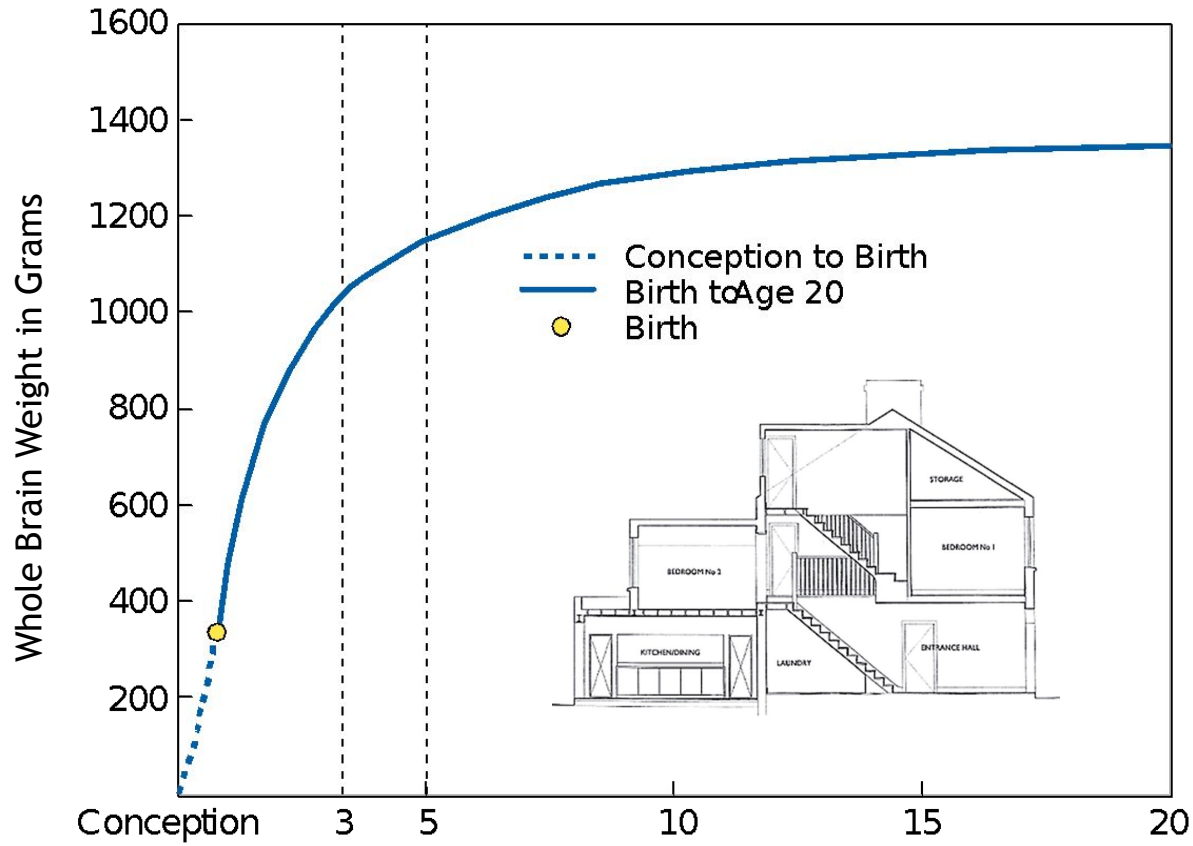
With Dr. Betsy Diamant-Cohen

How Learning Takes Place



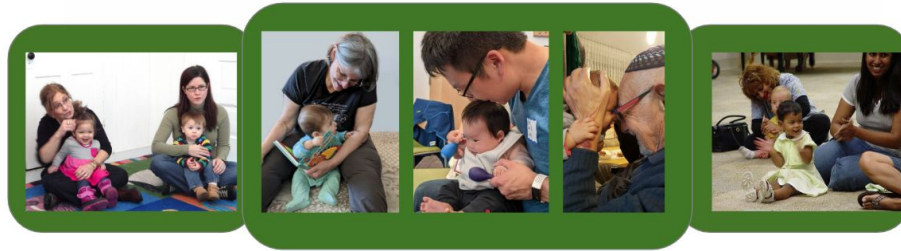
Jane Healy, *Your Child's Growing Mind*

Growth of Brain



Source: A. H. Schore, *Affect Regulation and the Origin of the Self*, 1994

4 Practices to Build Literacy



Newborns and Very Young Babies

- Sensory Activities
- Object Permanence

Peek-a-boo

Peek-a-boo, I see you,
I see you hiding there.
Peek-a-boo
I see you,
I see you smiling in
there. PEEK-A-BOO!



Newborns and Very Young Babies



- Directional Tracking

Fingers Like to Wiggle-Waggle

Fingers like to wiggle-waggle, wiggle-waggle, wiggle-waggle.
Fingers like to wiggle-waggle, way UP HIGH!

Fingers like to wiggle-waggle, wiggle-waggle, wiggle-waggle.
Fingers like to wiggle-waggle, way DOWN LOW!

Fingers like to wiggle-waggle, wiggle-waggle, wiggle-waggle.
Fingers like to wiggle-waggle, on my knee!

Sing, whether or not you sing on key!

We Hit the Floor Together

We hit the floor together,
We hit the floor together,
We hit the floor together,
Because it's fun to do.

*Smack our knees, clap our hands,
wiggle our fingers, sway from side to
side, all wave "hello")*

-adapted by Barbara Cass-Beggs



Any Song Can Be a Lullaby!



Just sing it slowly and softly!!!!

You Are My Sunshine

You are my sunshine, my dearest sunshine.
You make me happy, when skies are grey.
You'll always know, dear,
How much I love you.
And I'll hug you every day.

Pass down traditional songs via lullabies

Tickle Rhymes & Knee Bounces



Round and round the
garden
goes the teddy bear,
One step, two steps,
tickle them under there

Round about, round
about
goes the wee mouse,
Up a step, up a step,
all around the house.



Mother & father &
Uncle John
Went to market one
by one.
Mother fell off..
And father fell off...
But Uncle John went
on and on and on
and on.....

Toddlers Learn Through Movement & Touch



I'm so glad to see you,
I almost couldn't wait.
Can you clap your hands, and count to eight?
1, 2, 3, 4, 5, 6, 7, 8.

I'm so glad to see you,
I almost couldn't wait.
Can you turn around, and count to eight?
1, 2, 3, 4, 5, 6, 7, 8.

I'm so glad to see you,
I almost couldn't wait.
Can you stomp your feet, and count to eight?
1, 2, 3, 4, 5, 6, 7, 8.

I'm so glad to see you,
I almost couldn't wait.
Can you sit right down, and count to eight?
1, 2, 3, 4, 5, 6, 7, 8.

Building Fine Motor Skills

Separating Fingers & Math

Here is the Beehive

Here is the beehive, but where are the bees?

(Make a fist)

Hidden inside, where nobody sees.

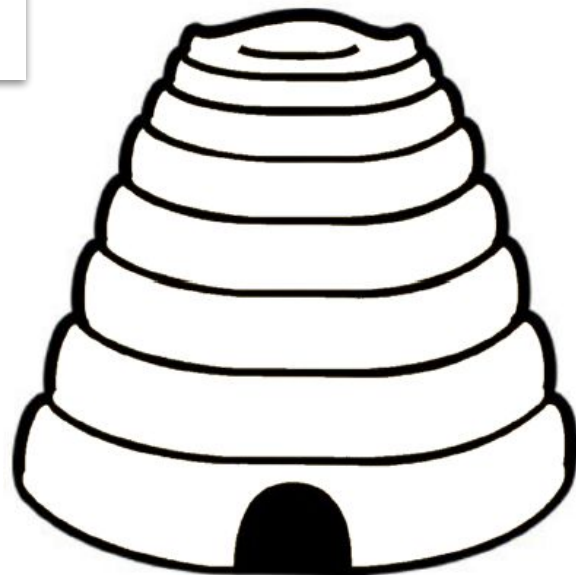
(Move other hand around your fist)

Watch and you'll see them come out of the hive...

(Bend your closer to "watch" the hive) 1, 2, 3, 4, 5

(Open fist by counting with fingers) BUZZZZ!

(Tickle your child's tummy)



Using the flannel board

I had a little dreidel.
I made it out of clay.
And when it's dry and ready,
Then dreidel I shall play.

Oh dreidel, dreidel, dreidel.
I made it out of clay.
And when it's dry and ready,
Then dreidel I shall play.



Inspire Imagination



Chicken Soup for Shabbat

Take some chicken and put it the pot.

Stir it and stir it until it's nice and hot.

Pour some out, and what have you got?

Delicious chicken soup for Shabbat.

Movement - one rhyme different ways

Hickory Dickory, Dock

Hickory Dickory Dock,

(Lean from side to side.)

The mouse ran up the clock.

(Kick the floor gently but rapidly.)

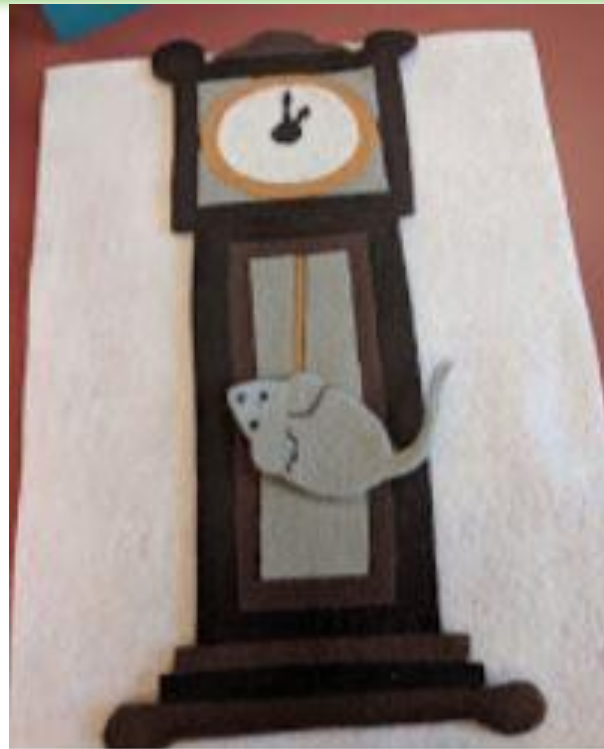
The clock struck one, *(Clap)*

The mouse ran down.

(Kick the floor gently but rapidly.)

Hickory Dickory Dock.

(Lean from side to side.)



Singing Expands Vocabulary



We Ring Our Bells Together

We ring our bells together,
Ring our bells together,
Ring our bells together,
Because it's fun to do.

We ring our bells together,
Ring our bells together,
Ring our bells together,
Because it's fun to do.

Ring them UP HIGH.
Ring them DOWN LOW.
Ring them IN THE MIDDLE.
Ring them to and fro.

From Lakeshore: <https://bit.ly/animal-bells>

<https://youtu.be/vP-j1k6x3PU>

Bang on a Drum (or book, or table top)



Rum Pum Pum

Rum pum, pum. This is my drum.
Rum pum, pum. This is my drum.
My name is grandma.
What's your name?

“Rum Pum Pum”

Freeze Games Teach “Stop”



We Wave and We Wave and We Stop

We wave and we wave and we stop.
We wave and we wave and we stop.
We wave and we wave and we stop.
We wave and we wave,
We wave and we wave,
We wave and we wave and we stop.

Walk... Leap... Run.... Twirl....

They also build vocabulary!



Wave and Blow

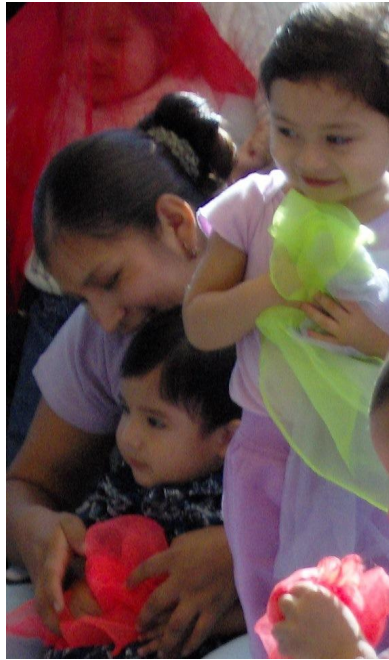
Wind, oh wind, oh wind, I say.
What are you blowing away today?
Scarves, oh scarves, oh scarves, I say.
I am blowing the scarves away.

Now blow and let go.
1... 2... 3... Blow!



Throw scarves & collect them

Scrunch your scarf into a ball.
Make it very, very small.
On the count of three,
Throw your scarf up in the air
And watch the beautiful colors
come floating down.
1... 2.... 3.... Wheeeee!

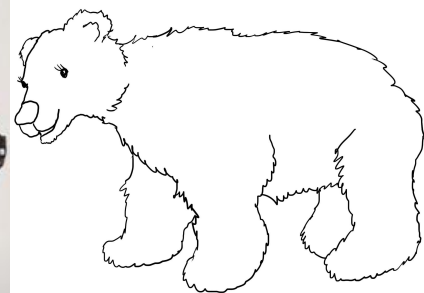


Scarves away, scarves away,
Put your scarves away today.

One Book: Many Activities!



The Bear Hokey Pokey



Sing About the Illustrations

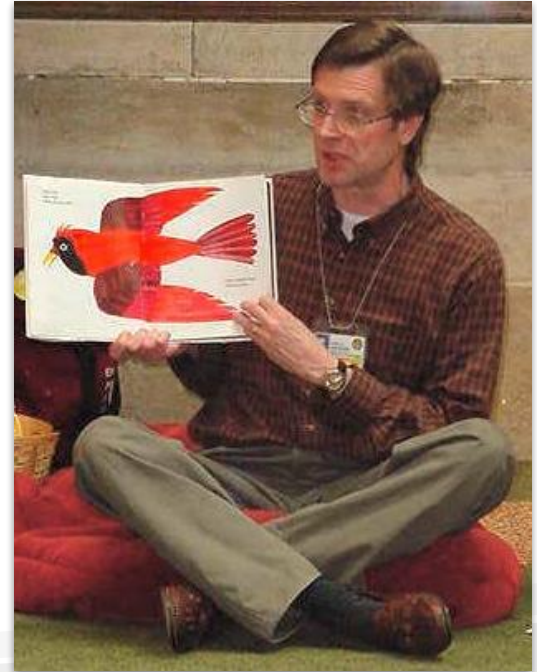
I Went to Visit the Farm One Day

I went to visit the farm one day.

I saw a bird along the way.

And what do you think that bird did say?

"Tweet, tweet, tweet!"



Puppets Capture Attention!

The itsy bitsy spider went up the water spout.
Down came the rain and washed the spider out.
Out came the sun and dried up all the rain,
And the itsy bitsy spider went up the spout again.

The great big spider went up the water spout.
Down came the rain and washed the spider out.
Out came the sun and dried up all the rain.
And the great big spider went up the spout again.



Resources

Brain-Building Through Play: Activities for Infants, Toddlers, and Children

Has downloadables for:

- 6 Games to Play with Babies (6 months)
- 5 Games to Play with Babies (9 months)
- 5 Games to Play with Toddlers (12 months)
- 5 Games to Play with Toddlers (18 months)
- 6 Games to Play with Toddlers (2-3 years)
- 5 Games and Activities for Children (4-7 Years)



Center on the Developing Child
HARVARD UNIVERSITY

<https://developingchild.harvard.edu/resources/brainbuildingthroughplay/>

MGOL YouTube Channel with Playlists

<https://www.youtube.com/c/MotherGooseontheLoose/playlists>



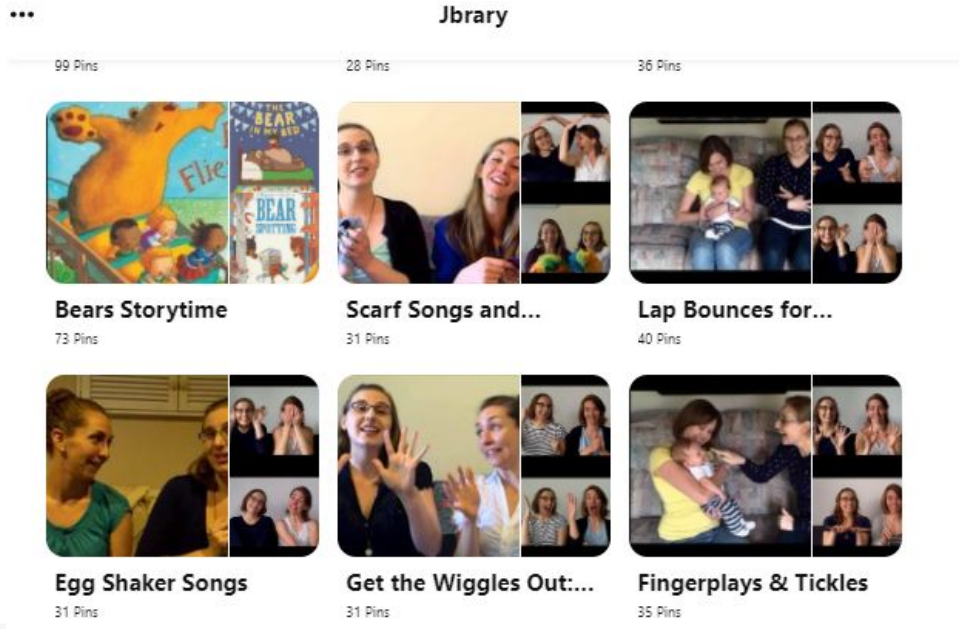
- Using scarves
- Using bells
- Using sticks
- Using maracas
- Using a drum
- Using puppets

Knee bounces
Tickle rhymes
Lullabies
Rhymes in Spanish
Rhymes with MATH
Rhymes with ASL

Math words and concepts
Interactive rhymes
Body rhymes
Standing up rhymes
Animal rhymes
Fingerplays

Pinterest

https://www.pinterest.com/jbrary/_saved/



<https://www.youtube.com/user/Jbrary>

Books

Dear Zoo by Rod Campbell (lift-the-flap)

Where's Spot? By Eric Hill (lift-the-flap)

Freight Train - Donald Crews (make train noises after each page)

The Very Busy Spider - Eric Carle (sing "I Went to Visit the Farm One Day")

Wiggle! March! - Kaaren Pixton (no words, indestructible book, animal pics)

Once Upon a Potty - Alona Frankel (GREAT potty training book)

Brown Bear, Brown Bear, What Do You See? - Bill Martin, Jr

Oh A-Hunting We Will Go - John Lanstaff (listen to the clues & fill in the word)

Vroomaloom Zoom - John Coy (Make sounds)

Noodles - Sarah Weeks (Pop-up, paper engineering)

Down by the Station - Will Hillenbrand (a song turned into a book)

Board Books

Can You Growl Like a Bear? - John Butler (animal sounds)

Five Little Monkeys Reading in Bed - Eileen Christelow (counting)

MoTown Board Books with Photography by Charles R. Smith (love songs)

I'll be there, How Sweet It Is to be Loved by You, Sugar Pie Honey Bunch

The Way You Do the Things You Do, Ain't No Mountain High Enough

Baby Talk - Stella Blackstone (black and white, rhyming, photos of babies)

Hello, My World (black and white, sing "You Are My Sunshine", ask questions)

Tap! Tap! Guess the Toy! - Corcorette (cardboard book with sturdy flaps)

Happy Baby - art by Violet Lemay (Tummy Time accordion book with mirrors)

Nita's Day - Kathy MacMillan (ASL signs for babies and adults)

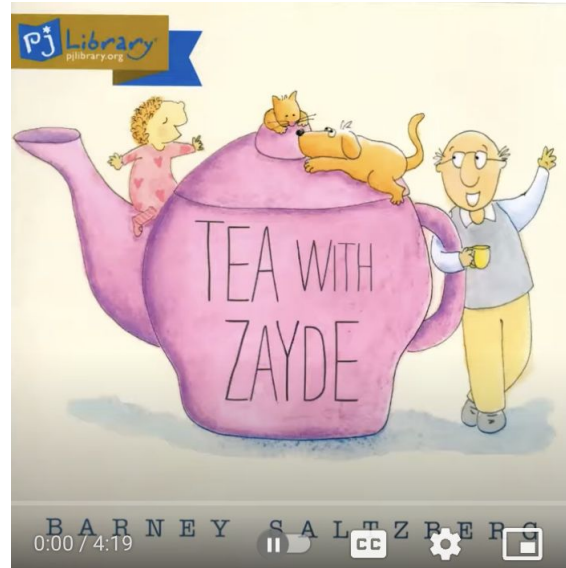
Baby's First Toys - Hinkler Books (show photo ask what toy it is. Discuss toys)

Se-fer Ha-par-tzu-fim She-li / My Face Book (imitating expressions)

Let's Go to the Park - Scholastic (talking about what you see outdoors)

PJ Library Book I wanted to highlight

Tea with Zayde by Barney Saltzberg

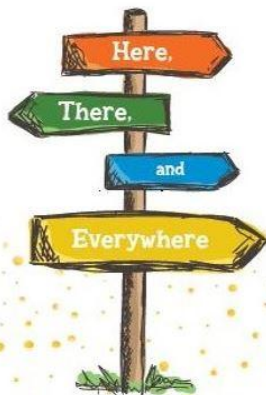


Check out the video here:

<https://youtu.be/RWl7oMaMB0E?si=RrIrsOu7P3gLYYk2>

Thank you

Mother Goose
On The Loose



Dr. Betsy Diamant-Cohen

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443-928-3915

**Check out the MGOL YouTube
Playlists with lots of songs and
rhymes for young children:**

**[https://www.youtube.com/c/
mothergooseontheloose/playlists](https://www.youtube.com/c/mothergooseontheloose/playlists)**