



Blessing over the Wine (Kiddush)



Before we raise our cups for the blessing over the wine (or grape juice), let's share one thing we are thankful for.

You might say:

"I'm thankful [grandparent name] takes me on hikes."

"I'm thankful for the peace and quiet of my bedroom."

"I'm thankful for the big hugs I get from [grandchild's name]."

"I'm thankful that we're all here together."

When we say out loud what we are thankful for, it helps us notice the blessings we already have. And it reminds us: this gathering, right now, is something to be grateful for.

Kiddush

Now we move to Kiddush, the blessing over wine or grape juice.

This moment is sweet. This moment is holy. This table is sacred. As we lift our cups for Kiddush, we say thank you for the sweetness of the vine and the sweetness of this moment.



Option 1: Blessing over Wine

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ,
מֶלֶךְ הָעוֹלָם, בּוֹרֵא
פְּרֵי הַגָּפֶן.

*Baruch Atah, Adonai Eloheinu,
Melech Ha'olam, borei
p'ri hagafen.*

Blessed are You, Adonai our God, Guide of the Universe, who creates the fruit of the vine.

Option 2: Full Rosh Hashanah Kiddush

On Friday night, insert the words in parentheses.

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ,
מֶלֶךְ הָעוֹלָם, בּוֹרֵא
פְּרֵי הַגָּפֶן.

*Baruch Atah, Adonai Eloheinu,
Melech Ha'olam, borei
p'ri hagafen.*

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ,	<i>Baruch Atah, Adonai Eloheinu,</i>
מֶלֶךְ הָעוֹלָם, אֲשֶׁר	<i>Melech Ha'olam, asher</i>
בָּחַר-בָּנוּ מִכָּל עָם	<i>bachar banu mikol am</i>
וְרוֹמָמְנוּ מִכָּל לָשׁוֹן,	<i>v'rom'manu mikol lashon,</i>
וְקִדְּשָׁנוּ בְּמִצְוֹתָיו.	<i>v'kid'shanu b'mitzvotav.</i>
וַתִּתֵּן-לָנוּ יְיָ אֱלֹהֵינוּ	<i>Vatiten lanu Adonai</i>
בְּאַהֲבָה אֶת (יוֹם הַשַּׁבָּת	<i>Eloheinu b'ahavah et (yom haShabbat</i>
הַזֶּה וְאֶת) יוֹם הַזִּכְרוֹן	<i>hazeh v'et) Yom haZikaron</i>
הַזֶּה, יוֹם (זִכְרוֹן) תְּרוּעָה	<i>hazeh, yom (zichron) t'ruah</i>
(בְּאַהֲבָה) מִקְרָא קֹדֶשׁ,	<i>(b'ahavah) mikra kodesh,</i>
זִכָּר לִיציאת מִצְרַיִם.	<i>zeicher litzi'at Mitzrayim.</i>
כִּי בָנוּ בַּחֲרֵת וְאוֹתָנוּ	<i>Ki vanu vacharta v'otanu</i>
קִדְּשָׁתָּ מִכָּל הָעַמִּים,	<i>kidashta mikol ha'amim,</i>
וַדְּבַרְךָ אֱמֶת וְקַיָּם לָעַד.	<i>ud'varcha emet v'kayam la'ad.</i>
בָּרוּךְ אַתָּה יְיָ, מֶלֶךְ עַל	<i>Baruch Atah Adonai, Melech al</i>
כָּל הָאָרֶץ מִקֹּדֶשׁ	<i>kol ha'aretz m'kadeish</i>
(הַשַּׁבָּת וְ) יִשְׂרָאֵל וְיוֹם	<i>(haShabbat v')Yisrael v'Yom</i>
הַזִּכְרוֹן.	<i>haZikaron.</i>

Blessed are You, Adonai our God, Guide of the Universe, who creates the fruit of the vine.

Blessed are You, Adonai our God, Guide of the Universe, who has given us loving traditions and sacred practices. You have given us (this Sabbath day and) this Day of Remembrance, a special day

(of remembering) filled with the sound of the shofar (with love), a day that connects us with our past and invites us to grow.

You called us to live with purpose, to bring more justice and kindness into the world. Your teachings guide us; Your wisdom endures.

Blessed are You, who makes (the Sabbath and) this holy day meaningful for all who celebrate.

Everyone says Amen. Then take a sip together.

CREDITS

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