

Beyond Apples and Honey Overview

- 1 Jewish sources on how to celebrate the New Year in a way that brings meaning to your family
- 2 How to create a family-, friends-, and neighbor-friendly Rosh Hashanah practice
- 3 The power of “Jewish food magic” with inspiration from omens (*simanin*)
- 4 Embracing multifaith and mixed-heritage family and guests
- 5 Creating sweet connections across distance

***Yehi Ratzon* (May It Be Your Will)**

*Yehi ratzon milfanecha, Adonai Eloheinu v'Elohei avoteinu
v'imoteinu, sheh't'chadesh aleinu shanah tovah u'metukah.*

May it be Your will, Adonai our God and God of our ancestors,
to give us a good and sweet New Year.

Babylonian Talmud: Keritot 6a:

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Abaye said: Now that you have said that a sign is a substantial matter, a person should be accustomed to eat, at Rosh Hashanah, gourd, fenugreek, leeks, beets, and dates, as each of these grow and multiply quickly, which is a good omen for the deeds of the upcoming year.

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Two New Years

By Richard Ho

Illustrated by Lynn Scurfield

A children's book about a family that celebrates both Jewish and Chinese New Year and points to similarities



